|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of servings of fruit and/or vegetables on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of servings | 95% CI | n | Mean number of servings | 95% CI | n |  | 95% CI |
| 18-29 | 266 | 1.8 | 1.4 - 2.1 | 241 | 1.7 | 1.4 - 1.9 | 507 | 1.7 | 1.5 - 1.9 |
| 30-44 | 471 | 2.4 | 2.0 - 2.7 | 503 | 2.2 | 1.9 - 2.4 | 974 | 2.2 | 2.0 - 2.5 |
| 45-59 | 443 | 2.4 | 1.8 - 3.1 | 481 | 2.7 | 2.4 - 3.0 | 924 | 2.6 | 2.2 - 2.9 |
| 60-69 | 298 | 3.5 | 2.5 - 4.5 | 304 | 2.5 | 2.2 - 2.9 | 602 | 2.9 | 2.4 - 3.4 |
| **Total** | **1478** | **2.3** | **2.1 - 2.6** | **1529** | **2.2** | **2.0 - 2.4** | **3007** | **2.2** | **2.1 - 2.4** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 443 | 2.4 | 1.9 - 2.9 | 453 | 2.0 | 1.7 - 2.3 | 896 | 2.2 | 1.9 - 2.5 |
| Urban | 1035 | 2.3 | 2.0 - 2.5 | 1076 | 2.3 | 2.1 - 2.5 | 2111 | 2.3 | 2.2 - 2.4 |